



NEWSLETTER

As seasons change and humidity fluctuates, mould can develop in damp, poorly ventilated areas, posing health risks and causing property damage. It can trigger respiratory issues and allergies, especially in vulnerable individuals, and lead to costly repairs if left unchecked. Simple steps to improve ventilation and control moisture can help keep your home safe and healthy.



Preventing Mould Growth

- **Improve Ventilation:** Open windows and use exhaust fans in bathrooms, kitchens, and laundry areas.
- **Control Humidity:** Use a dehumidifier or air conditioner to maintain humidity between 30%-60%.
- **Fix Leaks Promptly:** Check for plumbing, roof, and window leaks to prevent moisture build-up.
- **Dry Wet Areas Quickly:** Mould can develop within 24-48 hours, so dry spills and wet surfaces immediately.
- **Allow Air Circulation:** Keep furniture slightly away from walls to allow air to flow freely.
- **Limit Indoor Drying of Clothes:** Dry clothes outdoors or in a well-ventilated space.

Handling Mould Growth

For small patches, clean with a solution of white vinegar and water (1:4 ratio). For larger infestations, seek professional help to ensure proper removal.

Landlord and Tenant Responsibilities

In NSW, **landlords** must maintain the property and address structural issues, while **tenants** must ensure the property is kept clean and ventilated. Any mould concerns should be reported promptly. Staying proactive with ventilation and moisture control will help keep your home mould-free and protect your property's condition.

Staying on Top of Mould Prevention

Regular maintenance and good ventilation can greatly reduce mould risks. If you're concerned about mould or ventilation, **contact us at NSPM** for assistance.